

# Freshwater Creek Steiner School

## Newsletter



Issue 3

Feb 18

### FROM THE FACILITATOR

Dear Parents and Community,  
Nowhere is it more evident that our school is growing than in the carpark in the mornings. The level of traffic has increased, especially as most children come to school by private vehicle. As our children are now going to swimming, the congestion in our carpark and access road is greater than usual. We have scheduled swimming as an afternoon activity for educational reasons, but there is concern about bus access particularly in the afternoon pickup time. Buses also have difficulty manoeuvring when cars have parked in turning circle areas. We have placed no parking signs in certain areas to allow buses to negotiate a turn and ask parents to please help out by parking well away from those marked areas. Later this semester, we will commence a new carpark for drop-off and bus access, which will be on the site adjacent the new GPLA building planned on our "front block." However, in the interim we urge all community members to respect the fact that access and parking, as well as vehicle speed, need careful attention.

In the coming weeks we will have our library in place for supervised borrowing. Leeann Eastgate will oversee the library, (which is now located in the Wetlands

Building next to Tony's class,) and take over from Judith, who will continue to be her support. The processing area for new books will be in the containers, "Craft - Arts" area.

I will be away on leave from school for the period, 25th February to the 9th March, but can be contacted by email. Coral and Lisa Anderson, and of course Leanne and the teachers, will look after the school in my absence.

Warm regards,  
Joseph



## 2014 Upcoming Events to Diary

Mon Feb 16-	Swimming (Class 2-6)	<u>Parent's Choir</u>	TBA
Fri Feb 27		<u>Music, classes 3-6</u>	Thursdays (Please bring instruments)
Sat Feb 28	Whole School Forum		
Mon Mar 2	Conveyance Allowance Applications due	<u>Assemblies</u>	Friday 9-9.30am All welcome (Wetlands room)
Mon Mar 9	Labour Day Holiday		
Fri 13 Mar	Class 1	<u>Craft Circle</u>	Fridays 9.30-2.30 (Honey House)
Sat Mar 14/ Sun Mar 15	Working Bee	<u>Teachers' Meetings</u>	Tuesdays 4.30-5pm Thursdays 3.30-4.30pm (please note that teachers will be unavailable for parent discussions during these times)
Wed Mar 18	Council Meeting		
Fri Mar 20	Harvest Festival (1-6)		
Fri 27 Mar	Harvest Festival (Early childhood)		
Fri Mar 27	Term 1 ends		
Mon Apr 13	Term 2 begins	<u>Working Bees 4hrs—Sat/Sun</u>	March 14/15 May 23/24 Sept 5/6 Oct 10/11 Nov 28/29

\*These dates are subject to change at short notice.

Please continue to check your newsletter or the school website : [www.fwcss.com.au/news](http://www.fwcss.com.au/news)  
for the most current dates.

## FROM THE TEACHERS

### Teacher meetings

As part of our continual professional development, child studies, and planning processes, class teachers hold regular meetings each week. These meetings are held on:

Tuesdays: 4.30-5pm

Thursdays: 3.30-4.30pm

If you have an issue that you need to discuss with your child's teacher, you are encouraged to seek a time to meet outside these regular teacher meeting times.

### Missing Pots

Has anyone seen the 2 large stock pots (glass lids) from the Wetlands Kitchen? Used for Chai brewing and soup-making.... Their return would be appreciated as classes need them for cooking. Thankyou.



## FROM ADMIN

Dear Parents,

As you may be aware, links were found over the weekend between 1kg bags of Nanna's frozen mixed berries and at least five cases of Hepatitis A, including three in Victoria.

As a precaution and on advice from Dr Rosemary Lester, Victoria's Chief Health Officer, the company has recalled this product on 14 February and subsequently two further products on 15 February due to concerns about potential for contamination with hepatitis A virus. The products recalled as at 9am 16/02/15 are:

- Nanna's Mixed Berries 1kg; All batches up to and including Best Before Date 22/11/16
- Creative Gourmet Mixed Berries 300g; All batches up to and including Best Before Date 10/12/17
- Creative Gourmet Mixed Berries 500g; All batches up to and including Best Before Date 06/10/17

Consumers are advised to discard any of these products and to be aware of the symptoms of hepatitis A infection in the 15-50 days after consuming the berries. Dr Lester's office has confirmed that the risk of exposure is very low but cannot be excluded. As for all people who have consumed the affected products, Dr Lester has advised parents and carers to look for symptoms 15 to 50 days after consumption.

Symptoms include fever, nausea, abdominal discomfort, dark urine and yellow skin and eyes (jaundice). Symptoms may last for several weeks but full recovery usually occurs. Please consult the Health Department's Better Health Channel for more information. Any person who is confirmed to have hepatitis A will be followed up closely and will be provided with further advice through the Department of Health and Human Services. If your child develops any of these symptoms, please seek medical advice from your local GP or Nurse on Call on 1300 60 60 24 and advise the school on 03 5264 5077.



# FROM PARENTS AND FRIENDS COMMUNITY NOTICEBOARD

Hello everyone, I would like to do some silk dyeing for a school resource and I am hoping there is someone out there who has had experience dyeing with silk. What I require is the dyeing of silk squares in various rainbow colours. If there is anyone in the community who can help and/or give advice it would be gratefully appreciated.

If you could leave a message at the office with a contact number, I shall get back to you.

Cheers Lee Eastgate

## **Chai Café thankyou**

A very special thank you to everyone who helped with chai cafe last week. It was lovely to see everyone and especially lovely to see so many new faces. Our school has been blessed with lots of new faces in 2015.

In appreciation

Mayan

## **FWCSS Calendar**

Our beautiful 2015 Calendars are still available and may be purchased from the Office for \$10—they make a great gift!



Hi everyone,  
Steve Biddulph, parenting expert and steiner school advocate is coming to Geelong in April. Tickets for sale at Gpac. Mayan



**SELF, NATURE AND SOCIETY:  
AWAKENING THE EYE OF THE IMAGINATION**

**AN INTERNATIONAL 30 WEEK (MIN.) PART-TIME DISTANCE COURSE**

**COMMENCE ANYTIME AND WORK AT YOUR OWN PACE**

**EXPLORING THE WORLDS OF NATURE AND THE HUMAN BEING THROUGH IMAGINATIVE COGNITION**

*"If we want to attain a living understanding of nature, we must become as flexible and mobile as nature herself"*  
Goethe

**For more information please go to:  
[www.ateliersocialquest.com](http://www.ateliersocialquest.com)**

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# Melbourne Rudolf Steiner Seminar

## *New program of Short Courses*

### based upon the work of Rudolf Steiner.

### Commencing Feb 2015.

With first term at school underway, we warmly invite parents, teachers, and friends in the community to consider joining us next week for any part of our **new program of Short Courses** based upon the work of Rudolf Steiner. You can enrol now!

Have a look at the nourishing and inspiring range of courses lasting 8 weeks, starting Wednesday 11<sup>th</sup> February – there is something for everyone, and with the new year unfolding, many of us reflect upon how we might develop ourselves in year ahead.

This rich program of short courses offers an opportunity to deepen one's knowledge and practical experience across a range of topics in the arts, humanities, education and philosophy/psychology within the overall picture of the human being given by Rudolf Steiner.

You might like to spend a term painting or clay modelling, or exploring your own biography, or learning about Fairy Tales, or taking an introductory unit on Steiner education or anthroposophy. There are **twenty new units** of 8 weeks duration available in 2015, plus our year long courses in Early Childhood, Curriculum Studies and High School Education.

These courses are for *everyone*, including parents, and prospective and practicing teachers seeking professional development. Wednesday evenings from 7.30-9.30 pm during school term.

Term 1: 8 weeks Wed 11 Feb- 25 <sup>th</sup> March 2015	Term 2: 8 weeks Wed 29 <sup>th</sup> April-17 <sup>th</sup> June 2015	Term 3: 8 weeks Wed 22 <sup>nd</sup> July-9 <sup>th</sup> Sept	Term 4: 8 weeks Wed 7 <sup>th</sup> Oct-25 <sup>th</sup> Nov
Introduction to Steiner Education Course code: PT101	The role of Imagination in healthy child development. Course code: PT201	The role of Fairy Tales, Myths and Legends in shaping world consciousness. Course code: PT 301	Choir and Festivals: preparing singing for the Christmas festival (beautiful carols for groups and parts) and study of how Festivals enrich the inner life. Course code: PT 401
How do children connect to their world? <i>The Twelve Senses</i> : Rudolf Steiner's lectures on healthy human development Course code: PT102	Body, Soul and Spirit. <i>Theosophy</i> : Rudolf Steiner's psychology of the human being. Course code: PT 202	<i>Foundations of Human Experience</i> : Rudolf Steiner's educational lectures on the constitution of the human being. Course code: PT 302	Anthroposophical Medicine- health and nutrition in the context of Rudolf Steiner's picture of the human being. Course code: PT 402
Introduction to Anthroposophy: who was Rudolf Steiner and the key elements of his philosophical work. Course code:PT103	Biography and Destiny- an exploration of your own unfolding story. Course code: PT 203	Evolution of Consciousness- the development of human consciousness through the Epochs Course code: PT 303	The study of <i>Parsifal</i> as a guide for Inner Development. Course code: PT 403
Introductory Painting and Drawing 1: Colour theory, charcoal drawing, wet on wet, veil. Course code: PT104	Extended Painting and Drawing 2: Veil painting, plant observation, seasons. Course code: PT204	Form drawing- theory and practice in education, personal development and for therapeutic application. Course code: PT 304	Speech and Drama- prepare a Christmas Play Course code:PT404
Introductory Clay Modelling 1: sculpture and form. Course code:PT105	Extended Clay Modelling 2: 3D and relief work, gesture and expression. Course code: PT205	Eurythmy – An introduction to artistic movement. Course code: PT 305	Craft in the family home: preparing for the festivals to bring reverence into family life. Course code: PT 405
<b>The following courses run for one year:</b>			
Nourishing Early Childhood (Note: This course operates from 7.00-10.00 p.m.) Course code: PT EC			
Curriculum Studies - an overview of Steiner curriculum from Class 1-8. What do we teach and why do we teach it? Course code: PT CURR (Note: This course operates from 7.30-9.30 p.m.)			
Steiner Education in the High School Course code: PT HS (Note: This course operates from 7.30-9.30 p.m.)			

Information: tel. 03 9876-5199 [www.steinerseminar.com](http://www.steinerseminar.com) Email: [office@steinerseminar.com](mailto:office@steinerseminar.com)

Address: *Melbourne Rudolf Steiner Seminar*, 37A Wellington Park Drive, Warranwood, 3134, less than ten minutes from the Ringwood exit of the Eastern Freeway or Eastlink.

# Sun Bear Festival



FAMILY SUSTAINABILITY FESTIVAL, CELEBRATING CHILDREN'S LOVE OF ANIMALS

**Danawa  
Community  
Garden**

Spring Creek Reserve,  
Torquay  
(near the beach entry)



**Sunday  
22nd Feb  
10am - 2pm**

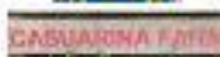
**\$5 entry**

**OFFICIAL OPENING with Sun Bear Boy Noah 10.30 - 10.40**

\*times note these times are approx.

GARDEN WORKSHOPS	SUSTAINABILITY & ANIMAL CONSERVATION	ART WORKSHOPS	ENTERTAINMENT	SUSTAINABLE MARKET & KIDS STALLS
10-10.30 Make & Plant a Herb Pot	10-11 Sustainability & Totemism with Uncle Dave Tournier	10-12 Get your Face Painted For The Parade	10.45-11.45 Mens Shed Choir	10-2
10.45-11.15 Plant a Salad Bowl	11-12 Local Birds & Animals and How You Can Help with Ecologie	10-12 Beach Art with Laurel Joy	11.20-11.55 Desert Fire; Soft Rock, Folk, Lounge	1.15 RAFFLE DRAW
11.20-11.50 Make a Fairy Garden	<b>BYO CUP &amp; PLATE AND RECEIVE A DISCOUNT ON FOOD &amp; DRINKS!</b>	10-11 Make a Mosaic Paver with Bunnings	12-12.40 <b>WELCOME TO COUNTRY &amp; SUN BEAR PARADE</b> with Wild Moves	
12.45-1.15 Make a No-Dig Garden		1-2 Endangered Species Borneo and Beyond Mark Tringham	11-12 Make your Own Dreamcatcher	1.20-2pm Kaltimoni; Soul, Funk, Reggae
1.20-2 Gardening in Small Spaces				

We would like to thank all of our sponsors:



Contact : [sunbearboy@gmail.com](mailto:sunbearboy@gmail.com) or 0402 901 420

